THE SPA



September & October Specials

THE URBAN WARRIOR

This powerful massage focuses specifically on the back, neck and shoulders, using heated Balinese volcanic rocks to ease tightly knotted muscles and relieve stress. Feel the deepest layers of your muscle tissue respond, as stiff joints unlock and muscular tension eases, giving way to utter relaxation and rejuvenation. Your therapist will perform a personalised skin consultation to address any skin concerns, before you enjoy a luxurious bespoke facial with the skin care brand that suits you.

• 50 minutes - €99

BODY REJUVENATION PACKAGE

An Exfoliation ritual to invigorate and revitalise the body. Skin is deeply cleansed and moisturised with an Exotic Salt Glow Scrub leaving it glowing and vibrant. Warm oils are then massaged into the skin to ease tightly knotted muscles and relieve stress.

• 70 minutes - €110

BOOK TODAY

Call 01 640 6366 or email thespa@castleknockhotel.ie www.castleknockhotel.com

Offers valid on treatments completed before 31st October 2018.