



THE URBAN WARRIOR

This powerful massage focuses specifically on the back, neck and shoulders, using heated Balinese volcanic rocks to ease tightly knotted muscles and relieve stress. Feel the deepest layers of your muscle tissue respond, as stiff joints unlock and muscular tension eases, giving way to utter relaxation and rejuvenation. Your therapist will perform a personalised skin consultation to address any skin concerns, before you enjoy a luxurious bespoke facial with the skin care brand that suits you.

 55 minutes usually €125 now €99, with a glass of prosecco after your treatment

SUMMER READY PACKAGE

Shellac Manicure (Enjoy a long-lasting flawless finish with our two week manicure, featuring perfectly buffed nails and the two-week polish of your choice) following up with a Mini Pedicure- Begin your session with a relaxing foot soak, followed by a light massage. Detailed cuticle work along with shaping will perfect your toes, while the polish of your choice (Jessica or Vinylux).

Usually €70 now €60, with a glass of prosecco after your treatment

BELLAMIANTA SPRAY TAN

Get the Mediterranean look without having to pay for the flights.

 Usually €35 now €25. Add a Shellac manicure or pedicure for only €20 extra (Monday – Thursday)

BOOK TODAY

Call 01 640 6366 or email thespa@castleknockhotel.ie www.castleknockhotel.com





BOOK A TABLE CALL 016855250 EMAIL RESTAURANT@CHCC.IE WWW.CASTLEKNOCKHOTEL.COM

FBD Hotels & Resorts

fts.

Enjoy Dinner for Two

FOR JUST

€59 with a Bottle of Wine

OFFER AVAILABLE SUNDAY TO THURSDAY TERMS & CONDITIONS APPLY