



EARTH  VINE

# Vegan & Vegetarian Menu

Opening Time 5:30pm to 9:45pm

## STARTERS

### PLANT-IT FISH STYLE GOUJON TACOS €14.00

Corn Tortilla, Simple Salsa, Lemon Vegan Mayonnaise, Spring Onion & Coriander (Vegan) (GF)

Allergens 13

### VEGAN CAESAR SALAD €12.00

Soy bacon, Vegan Caesar Dressing, Violife Parmesan, Garlic Croutons (Vegan)  
Add Plant-it Breaded Goujons - €4.00

Allergens 8,9,13

### SPINACH, ROCKET & GREEK YOGURT- LEMON SUPERFOOD SALAD €12.00

Cherry Tomatoes, Rocket Leaves, Orange Pieces, Broken Smoked Almonds, Mixed Beans, Chia seeds (GF)

Allergens 5,7,8,9,12

### CAULIFLOWER WINGS €12.00

With Hot Buffalo Sauce or Korean BBQ Glaze with Sesame  
(GF Option Available)

Allergens 6 wheat, 7,10

### SOUP OF THE DAY €8.50

With a Freshly Baked Bread Roll  
(GF Option Available)

Allergens 6 wheat, 9,12

## MAIN COURSE

### PLANT-IT MEAT FREE QUARTER POUNDER €21.00

Vegan Garlic Aioli, Leaves, Tomato, Onion, Vegan Burger Bun & Violife Cheese Slice & Chunky Fries (Vegan)

Allergens 6 wheat, 8,9,12,13

### PLANT- IT SOUTHERN FRIED "SNACK BOX" €20.00

Southern fried Plant-it fillet & Goujon, Chunky Fries, Sriracha Dip, Slaw & Dressed Leaves (Vegan)

Allergens 6 wheat, 8,12, 13

### PENNE PASTA ARRABIATA €19.00

Garlic Ciabatta, Roasted Garlic, Parmesan Cheese, Basil Oil, Rocket Leaves (Vegetarian)  
(Vegan with Violife Cheese)

Allergens 6 wheat, 8,12

### LENTIL & ROAST VEGETABLE KORMA €19.00

Coconut rice, Fried Poppadum, Coriander & Crispy Onion (Vegan) (GF Option Available)

Allergens 6 wheat, 8,12

### VEGETABLE SUPREME PIZZA €18.75

Olives, Green Pepper, Onions, Rocket, Mushrooms, Sweetcorn, Oregano (Vegan Option Available)

Allergens 6 wheat, 7,9

(Pizza is served from 5pm – 10pm Monday to Friday and 12pm – 10pm Saturday and Sunday)

## SOMETHING SWEET

### CHOCOLATE & ORANGE PUDDING €9.50

Berry Compote & Dried Orange

Allergens 6 wheat, 9

### CHOCOLATE & COCONUT MOUSSE €9.50

(Vegan) (GF)

Allergen 5 nuts

### APPLE PIE WITH BERRIES €9.50

Allergens 6 wheat, 9



### Allergens

1. Shellfish
2. Molluscs
3. Fish
4. Peanuts
5. Nuts
6. Gluten
7. Milk
8. Soya
9. Sulphur Dioxide
10. Sesame Seeds
11. Eggs
12. Celery & Celeriac
13. Mustard
14. Lupins

We're delighted to be partnering with The Plant-It Food Co. to create this delicious Menu full of Vegan & Vegetarian Friendly, Delectable Dishes. The Plant-It Food Co. are an Irish family food company based locally in Dublin. They strive to create innovative dishes with plant-based ingredients to deliver nutritionally balanced food that tastes good, does you good and brings some joy along the way.

### Our Fruit & Vegetable Suppliers

- Keelings
- Sysco
- Condrens
- Begleys
- Musgrave
- La Rousse
- Redmonds



**CASTLEKNOCK**  
HOTEL

**THE PLANT-IT  
FOOD CO.**

