
The Spa

The Spa at Castleknock Hotel is a luxury urban retreat fuelled by the energy of the nature that surrounds it. Within our state-of-the-art spa facilities, quality of life and well-being come first, and an array of bespoke treatments await. Choose from a variety of traditional and modern spa experiences, all set apart by the highest standards of service and underpinned by the exceptional comfort of Castleknock Hotel.



The Spa signature services

ELEMIS ABSOLUTE SPA RITUAL

115 minutes

Immerse yourself in deepest relaxation with this powerfully rejuvenating ELEMIS experience. Choose from one of the unique Elemis Advanced Anti-Ageing or Skin Solution Facials, then combine it with the potent effects of the head to toe ELEMIS Deep Tissue Muscle Massage. The pinnacle of indulgence, the ELEMIS Absolute Spa Ritual will reset your inner balance and ignite the healthy glow within.



THE URBAN WARRIOR

55 minutes

This powerful massage focuses specifically on the back, neck and shoulders, using heated Balinese volcanic rocks to ease tightly knotted muscles and relieve stress. Feel the deepest layers of your muscle tissue respond, as stiff joints unlock and muscular tension eases, giving way to utter relaxation and rejuvenation. Your therapist will perform a personalised skin consultation to address any skin concerns, before you enjoy a luxurious bespoke facial with the skin care brand that suits you.

VOYA MAJESTIC MERMAID

135 minutes

The VOYA Majestic Mermaid treatment is a signature seaweed treatment for face and body, the ultimate pinnacle of organic skincare rituals. Fresh leaves of Atlantic seaweed are designed to deeply detoxify, moisturise, soften and revive your skin. The experience begins with a finely-ground seaweed exfoliation process, before you're immersed in a soothing cocoon of nutrient-rich Laminaria seaweed leaves. Finally, sink into utter relaxation with an expert scalp massage and aromatic body massage, both designed to leave you feeling like the fabled siren of the sea.

Face rituals at The Spa

Elemis Biotec Facials

55 or 85 minutes

Treat your skin to the most groundbreaking of experiences with ELEMIS BIOTEC. Delivering the next generation of facial, ELEMIS BIOTEC fuses technology and touch with revolutionary results. Combining new machine technologies with hands-on therapy, your specific skincare needs will be met with immediate and long-term results. Powerful plant actives work with the body's natural bio-electrical field to unlock the skin's ability to rejuvenate, resurface and radiate.

BIOTEC FIRM-A-LIFT

Achieve a remarkably lifted, contoured complexion with this unique blend of targeted massage and sculpting galvanic technology.

BIOTEC LINE ERASER

Rejuvenate your skin with this powerful, clinically proven* facial treatment. Effectively ironing out wrinkles and filling out lines, it smoothens, firms and hydrates.

BIOTEC ANTI-PIGMENT BRIGHTENER

Solve uneven skin tone and discolouration with a powerful combination of brightening actives, ultrasonic peel and light therapy.

BIOTEC SKIN RESURFACER

Reveal your smoothest self, with a revolutionary ultrasonic peel, massage, and light therapy for refined and even skin tone.

BIOTEC RADIANCE RENEW

A powerful antidote for dull and tired skin, this cellular-boosting treatment targets sluggish complexions for radiant and visibly brighter skin.

BIOTEC BLEMISH CONTROL

Detoxify and repair damaged tissue with this deep cleansing facial, leaving skin decongested and calmed.

BIOTEC SENSITIVE SKIN SOOTHER

Improve your skin's ability to repair itself with a restorative oxygen infusion and red light therapy treatment.

BIOTEC SUPER-CHARGER FOR MEN

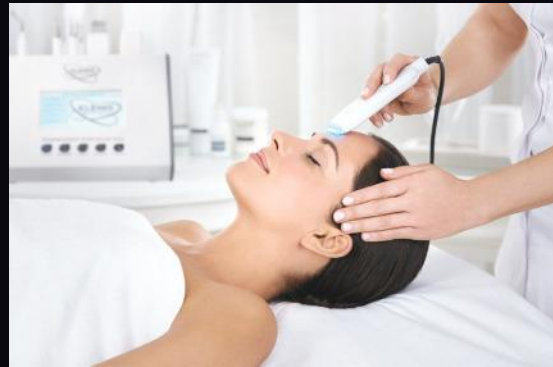
Discover the complete solution for the rejuvenated male complexion, in one multi-tasking, time-efficient package.

BIOTEC EYE TREATMENT

Stimulate, hydrate and tauten your delicate eye area with targeted technology designed to transform.

BIOTEC NECK TREATMENT

Microcurrent reminds the muscle to firm up, while the Arjuna-infused jowl and chin mask lifts and tightens for super-sleek contouring



Elemis Facials

ELEMIS SUPER FOOD PRO-RADIANCE

55 minutes

Enrich stressed, dull skin with a nutritional superfood boost. Rich in essential minerals and detoxifying actives, this treatment is clinically-proven* to leave skin plump, radiant and glowing with good health.

ELEMIS PRO-DEFINITION LIFT AND CONTOUR

55 minutes

Reveal your true definition, with this powerfully sculpting treatment. Using breakthrough technology, this facial restores the youthful architecture of the face using potent plant actives, designed to support the extra-cellular matrix.

ELEMIS PRO-COLLAGEN AGE DEFY

55 minutes

Discover an ELEMIS secret weapon in the age-defying benefits of Padina Pavonica, a special marine extract perfectly equipped to target wrinkles. A unique lifting massage helps to boost cell communication and rejuvenate tired skin. Clinically proven to reduce the number of wrinkles by up to 94% and improve skin firmness by up to 57% after just one treatment.*

ELEMIS DYNAMIC RESURFACING PRECISION PEEL

55 minutes

Kick start your return to smoother, younger-looking skin with the Dynamic Resurfacing Precision Peel. Clinically proven to target the signs of ageing and uneven skin tone, this pioneering precision treatment uses layers of enzymes for powerful exfoliation and renewal.*

ELEMIS VISIBLE BRILLIANCE FACIAL

90 minutes

Restore your radiance with the Visible Brilliance Facial, the perfect pre-occasion treatment. Featuring a micro-circulatory massage, combined with a two phase amino active mask, it plumps, tones and restores skin radiance. Moisturisation levels are clinically proven to increase by up to 61% and elasticity by up to 40% after just one treatment.*

*Independent clinical trials

Voya Facials

SELF-DISCOVERY RADIANCE FACIAL

55 minutes

Detoxify, revitalise and clarify your skin tone with this organic skin-specific facial. Featuring a relaxing facial massage, it releases built up toxins to improve radiance and restore your glow. Allow VOYA to meet your skin's unique needs with a comprehensive skin analysis, a chance to select the perfect facial products for you. Using a combination of gentle exfoliators, serums and masks, this facial helps to transform your skin, leaving it feeling purified, nourished and perfectly balanced.

Choose from:

- ~ Purifying Facial (Oily Skin)
- ~ Ultra-Calming Facial (Sensitive Skin)
- ~ Intensive Hydra Veil Facial (Dry Skin).

VOYA ORGANIC ANTI-AGING RESTORATIVE FACIAL

75 minutes

Breathe new health into your skin with this rejuvenating facial, featuring a unique mixture of organic VOYA ingredients. A powerful combination of anti-oxidant algae complexes and pro-collagen organic extracts helps fight signs of visible aging, reduce the appearance of fine lines and wrinkles, hydrates and plumps up skin texture. Newly firm and tightened skin will radiate a natural glow, provided by fresh leaves of Atlantic seaweed. Suitable for all skin types, this treatment includes a relaxing scalp massage.

THE VOYA DELUXE FACIAL EXPERIENCE

90 minutes

Make time for true indulgence, with this revolutionary seaweed facial by VOYA. You'll start with back exfoliation and massage, before a spinney bamboo facial exfoliator gently renews your skin. An intense VOYA signature facial massage follows, with freshly harvested organic seaweed leaves forming a warm poultice seaweed mask. Finishing with a light head massage, the experience will renew and soften dry, dehydrated skin and alleviate fine lines and wrinkles.



Massages
at The Spa



THE SPA SIGNATURE LUXURY SWEDISH MASSAGE

55, 75 or 90 minutes

Leave your cares behind with this traditional full body experience, adapted to every guest's needs. It includes a deeply immersive and tension-relieving scalp massage, designed to ease the stress of daily life.

THE ESSENTIAL DEEP TISSUE MASSAGE WITH ESSENTIAL OILS

55, 75 or 90 minutes

A bespoke and powerful massage from ELEMIS, this treatment is designed to alleviate stress, ease aching muscles and revive the senses. A dynamic blend of essential oils targets individual needs to reduce specific stress and muscle tensions.

Choose from:

- ~ Stress-a-Way: Wind down and release the tension of the day
- ~ Spirit Reviver: A powerful surge to invigorate and recharge
- ~ Muscle Melt: Relax and re-energise a tired and aching body
- ~ Chakra Balancing: Reconnect your mind, body and soul.

ELEMIS HOT STONE MASSAGE

55 or 90 minutes

Take a deeply sensory journey with the ELEMIS Hot Stone Massage, designed to rebalance the body, mind and spirit. Warm basalt stones are guided along the body to dissolve tension, as the relaxing experience stimulates the body's own ability to ease pain and tension.

SEAWEED HOT STONE MASSAGE

90 minutes

Sink into deep tranquility with the Seaweed Hot Stone Massage. Warmed leaves of mineral-rich Atlantic seaweed are layered onto the body, with a layer of heated stones placed over the leaves to enhance the absorption of their nutrients. The heat from the stones soothes the muscles, while releasing precious extracts to target tension and relax the mind and body.

STRESS BUSTING MASSAGE

25 or 40 minutes

A powerful massage working specifically on your back, neck and shoulders, to reduce tightly-knotted muscles and relieve stress. The Stress Busting Massage is designed to focus on deeper layers of muscle tissue, helping to alleviate muscular tension and stiff joints leaving you feeling relaxed and rejuvenated.



Body wraps & scrubs



HOT MINERAL BODY BOOST

75 minutes

This powerful treatment stimulates every cell in the body, helping to alleviate muscular pain and remove toxins. This is a revolutionary, minerally-charged experience of skin conditioning, metabolic balancing and energizing wellness. Oil blends rich in actives and transportive aromatics are combined with an unparalleled level of expertise in massage and conditioning. For healthy, revitalised skin and deeply eased muscles.

EXOTIC LIME AND GINGER SALT GLOW

50 or 75 minutes

Invigorated, cleansed and polished to perfection. An exfoliation ritual to invigorate and revitalise the body. After light body brushing, warm oil is dripped luxuriously over the body, before the sublime Elemis Exotic Lime and Ginger Salt Glow is applied. Skin is deeply cleansed and moisturised, leaving it glowing and vibrant, replenished and flawless

TARGET TONING TIGHTENER

25, 55 or 90 minutes

Focus on the area of your choice, with this powerful blend of massage and detoxifying clay. Designed to tone and tighten hips, abdomen and the backs of the arms, this treatment is clinically proven to reduce the appearance of cellulite after just one session.

THOUSAND FLOWER DETOX WRAP

55 minutes

Quench your skin with this nutrient-rich detox wrap, featuring deeply nourishing Green Tea Balm. Designed to encourage super skin health and powerful detoxification, it helps stimulate the elimination process and restore equilibrium, leaving you feeling completely reinvigorated.

ORGANIC SEAWEED LEAF WRAP

90 minutes

The crème de la crème of body wraps is a signature VOYA treatment, inspired by the sea. Fresh leaves of Atlantic seaweed cocoon the body, to deeply detoxify, moisturise, soften and revive the skin. The treatment begins with an exfoliation using finely ground seaweed, which is followed by a wrap of seaweed for the body. While the seaweed's minerals, vitamins and amino acids work their magic, you will be treated to a relaxing scalp massage.

ORGANIC WARM SPICED MUD WRAP

75 minutes

Seaweed taken fresh from the ocean is combined with purifying elements of peat to produce a mud wrap rich in potent anti-oxidants, minerals and enhanced with organic ginger and cinnamon. Definitely for the results-driven client, this wrap has immediate and noticeable effects on the skin, including firming and toning. A serious detoxifier, metabolism stimulator and natural anti-aging boost.

Maternity
treatments





VOYA TIME FOR MUM TREATMENT

90 minutes

Enhance the joys of pregnancy with this special treatment package, exclusively designed for mothers-to-be. Tailored to care for your unique needs, it features a Voyager Signature Massage, VOYA Self-Discovery Radiance Facial and a hand and foot treatment. Focused on the physiological changes associated with pregnancy, this unique treatment package will provide you with some much-needed pampering.

VOYA TIME FOR MUM VOYAGER MASSAGE

50 minutes

Boost the glow of pregnancy with this maternity treatment, exclusively designed by VOYA. Specially tailored to safely care for pregnant guests, the experience features a bespoke Voyager Full Body Massage, focusing on the specific needs of mothers-to-be.

BABY MOON GLOW PACKAGE

75 minutes

Enjoy the full top-to-toe spa experience with the new Gorgeous Glow pregnancy facial – deeply cleansing, exfoliating and rebalancing, it features a mind-melting massage. A powerful Oxygenating Mask clarifies and helps with pigmentation, while your hard working legs and feet are treated to a cooling mineral wrap designed to ease circulation and reduce swelling.

PEACEFUL PREGNANCY MASSAGE

55 minutes

Achieve the ultimate state of relaxation, with these tried and tested safe maternity massage techniques (perfectly adapted to each stage of pregnancy). Specialised positioning of our unique beanbag guarantees comfort, as the massage relieves upper back tension and reduces swelling in the hands and feet. This treatment includes a light facial to cleanse and moisturise, along with a gentle scalp massage. Suitable from the first weeks of pregnancy but most beneficial from 18 weeks onwards.

The
well-tailored
gentleman



EXECUTIVE STRESS RECOVERY PACKAGE

55 minutes

Banish stress with this invigorating Swedish full body massage. A powerful ELEMIS IQ Men's facial follows, with an Indian head massage completing your luxurious experience.

THE WELL-TAILORED PACKAGE

55 minutes

Indulge in a heated mud back treatment, before you relax with a tension-dissolving back massage and Skin IQ power booster facial. Add the finishing touch to this restful experience with a refreshing cocktail, prepared by our expert mixologists in 22 Bar and Restaurant.

ELEMIS AROMA SPA SEAWEED MASSAGE

75 or 100 minutes

Achieve peak detox with the Aroma Spa Seaweed Massage for women and men, a combination of rich sea plants and algae with aromatherapy. A warm seaweed mask containing cleansing essential oils is applied to your body before you are cocooned in a comforting wrap. Let your thoughts drift during a relaxing scalp and foot massage, while active ingredients work to stimulate your body systems. Choose between Cellutox for detoxification and Musclease to relieve sore joints and tension. Includes a 25-minute back massage or 50-minute full body massage.

MAN-I-CURE

25 minutes

Well-groomed hands and nails reflect the inner peace, health and vitality of every man. This traditional manicure will nourish, restore and buff in time for those essential social occasions.

A close-up photograph of dandelion seeds with their white, feathery pappus, set against a dark, almost black background. The seeds are in various stages of focus, with some sharp and others blurred, creating a sense of depth and movement. The lighting highlights the texture of the seeds and the fine hairs of the pappus.

The Express Spa

THE CASTLEKNOCK EXPRESS SPA
POWERED BY ELEMIS

Time — we know you can never have enough. That's why The Castleknock Express Spa, powered by ELEMIS, delivers a perfectly-curated taste of the world-renowned ELEMIS expertise. We make every moment count for you, immersing you deeply into your experience with maximum impact in a shorter time-frame.

FIRM FAVOURITE

30 minutes

Microcurrent and sculpting technology. Hello cheekbones! What's up jawline? Lovely to see you again.

END OF THE LINE

30 minutes

Farewell folds and furrows. This is where microcurrent technology meets oxygen infusion to power-up that dermis.

THE BIG REVEAL

30 minutes

Soften and silken the skin by way of ultrasonic technology and light therapy.

SHEER BRILLIANCE

30 minutes

An ultrasonic peel pumps skin cells full of good vibrational energy, whilst galvanic current flushes the skin with vitality-giving actives.

CLEAR OBJECTIVE

30 minutes

Deep cleansing, ultrasonic vibration and massage detoxify and decongest. Fast-track your skin to a full and fantastic recovery.

SENSITIVE SUBJECT

30 minutes

Infuse your skin. Natural anti-inflammatories and soothing light therapy encourage skin cells to rebalance and grow in confidence.

EYE DO

30 minutes

ELEMIS BIOTEC technology is refined enough to gently stimulate and tighten without disturbing the fragile skin.

SAVE YOUR NECK

30 minutes

Microcurrents remind the muscle to firm up, while the Arjuna-infused jowl and chin mask lifts and tightens for super-sleek contouring.

Manicure & pedicures

Soothe overworked hands and feet with a luxurious and pampering manicure or pedicure. Sit back and relax, as our expert team nourishes, protects, conditions and restores.

MINI MANICURE

25 minutes

The perfect treatment for guests with a regular nail care routine. Enjoy detailed cuticle work along with shaping, and complete your new look with the polish of your choice.

TWO WEEK MANICURE

25 minutes

Enjoy a long-lasting and flawless finish with our two-week manicure, featuring groomed cuticles, perfectly buffed nails and the two-week polish of your choice.

THE SPA AT CASTLEKNOCK HOTEL SIGNATURE MANICURE

55 minutes

Treat yourself to true indulgence with the Castleknock Hotel signature manicure, the ultimate in hand and nail care. Includes nail shaping, a nail strengthening bath, cuticle detailing, light exfoliation. A massage will leave your hands silky smooth, while the polish of your choice provides the perfect finish.

MINI PEDICURE

30 minutes

Begin your session with a relaxing soak, followed by a light massage. Detailed cuticle work along with shaping will perfect your toes, while the polish of your choice will finish your new look to perfection.

TWO-WEEK PEDICURE

30 minutes

Achieve long-lasting elegance with our two-week pedicure. Groomed cuticles and expertly buffed nails are finished with the two-week polish of your choice.

Beauty & grooming treatments

MAKE-UP

From natural daytime beauty to dazzling night-time glamour, our team of skilled makeup artists are on hand to lend their expertise. They'll consult with you to craft the perfect look, enhancing your beauty, accentuating your features, and leaving you feeling relaxed and beautiful.

Fresh Day look

Evening look

Enhanced eyes

WAXPRESSSS - THE WAXING EXPERTS

Forearm

Underarm

Half leg

Full leg including bikini

Bikini

Californian

Brazilian

Hollywood

TAN BELLAMIANTA

Full body

Half body

Full body with prep scrub

EXTRA INDULGENCES

Full set of acrylic nails

Re-whites

Refills

Occasion lashes winged corners

Full set lash mink Russian full volume

How to Spa at Castleknock Hotel

ARRIVAL TIME

You are welcome to arrive one hour before your treatment to enjoy our exclusive health club, which features a heated pool, Jacuzzi, sauna and steam room. Please be advised that late arrivals may result in a reduction of treatment time.

SPA ETIQUETTE

The Spa at Castleknock Hotel is a place for total relaxation and tranquillity. To achieve perfect calm, we've made it a mobile phone free zone, with silence requested in the relaxation area.

CANCELLATION POLICY

For any treatments cancelled less than 24 hours before a scheduled appointment, a 50% cancellation fee will be charged. Cancellation within 12 hours of an appointment incurs a 100% charge.

PERSONAL BELONGINGS

Lockers are provided for the security of your belongings. Please remove all jewellery before your visit to The Spa. Please do not leave personal items in your robe pockets. Castleknock Hotel will not accept responsibility for any lost items.

HEALTH CONDITIONS

When booking your spa reservation, kindly advise your therapist of any health conditions, allergies, recent medical, cosmetic procedures or injuries that could affect your services and treatments.

MATERNITY EXPERIENCES

We have a range of exclusively designed treatments for expectant and nursing mothers; please contact The Spa team for recommendations.

TREATMENTS

Treatments at The Spa at Castleknock Hotel are designed exclusively by VOYA and Elemis. The Spa offers a truly personal experience with each bespoke treatment created to meet the needs of the moment. Our therapists have been trained to the highest standards, ensuring you can enjoy an exceptional spa retreat in luxurious surroundings.

OPENING HOURS

10am - 7pm, Monday to Wednesday and Sunday

10am - 9pm, Thursday to Saturday