Sports and Events Venue





The Ideal Base for Sports Teams

At the award-winning 4-star Castleknock Hotel, we've proudly welcomed sports teams since opening our doors in 2005. With extensive experience and a dedicated approach, we provide the ideal environment to support your team's training and preparation.

Set in a private, countryside location, the hotel offers peace and focus while being conveniently close to all Dublin has to offer. We're located just off the M5O motorway—only 15 minutes from Dublin City Centre, 20 minutes from Dublin Airport, and just 10 minutes from the National Sports Campus.

Castleknock Hotel delivers the perfect balance of privacy, accessibility, and professional support for sports teams visiting Dublin.

Castleknock Hotel has proudly hosted a wide range of top sports teams in recent years, including:

- New Zealand 'All Blacks' rugby team on five occasions since 2005
- Irish International Men and Women's Senior Football Team
- Celtic FC, Djurgårdens IF, Ferencvárosi TC
- Cricket Ireland
- GAA Intercounty teams
- Scotland Rugby Team in 2024
- Leicester Tigers Rugby Team
- Hockey Ireland
- AC Sparta Pargue
- Sabah FK
- NK Celie
- IRFU Womens Senior Rugby Team
- Fiji Rugby









Thanks to our prime location, spacious facilities, and proven expertise in accommodating large teams, Castleknock Hotel is recognised as a true sports hotel across a wide range of sporting disciplines.

The hotel includes the following:

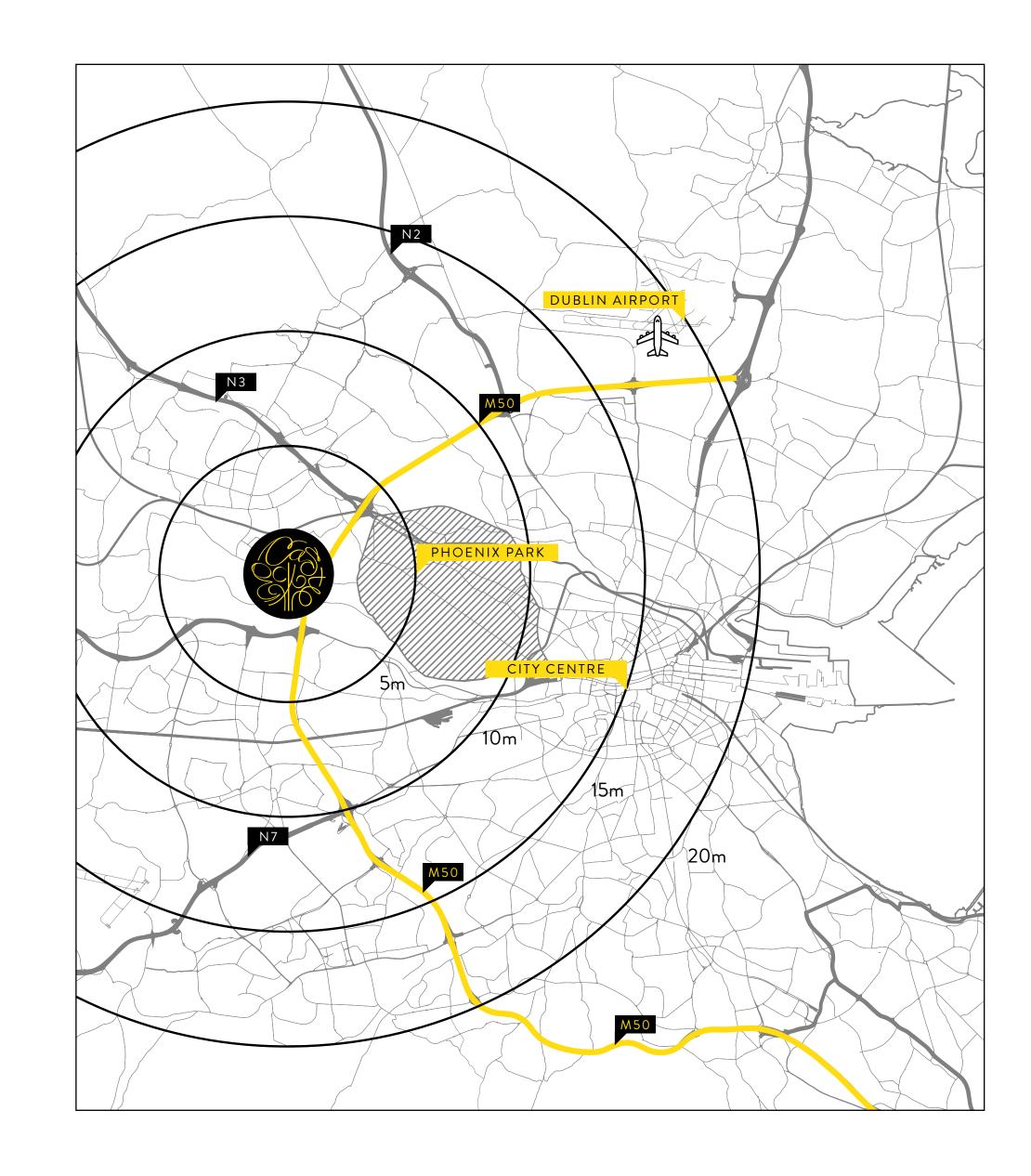
- 190 bedrooms
- Complimentary 500mb uncontested fibre optic broadband
- Executive bedrooms include Sky Sports and SMART TV's as well as Nespresso coffee machines
- Complimentary carpark for 400 cars including a separate coach park
- Floodlit grass and all-weather pitches next to the hotel
- 18 hole onsite golf course with Luttrellstown Golf Course located just 1km away offering a second option

- The Tower Wing & Phoenix Suite which are available privately for the duration of your team stay
- Rooms also made available for team meetings and storing baggage
- Purpose-built spa
- Expanded aerobic studio and refurbished fitness centre
- Leisure centre with 18 metre swimming pool with Jacuzzi, steam room and sauna
- Avanti Ice Bath









Bedrooms

Castleknock Hotel offers 190 bedrooms and can reserve a dedicated section or the entire wing for your team, depending on your requirements.

Each room includes:

- 43-inch Smart TV with Netflix
- Nespresso Machine with tea & coffee-making facilities
- Dyson hairdryer
- Mini fridge
- USB charging points
- Work desk & safe
- Complimentary bottled water

- Iron & ironing board
- Bathroom with underfloor heating and separate shower & bath
- Tropical Rain shower in separate shower unit
- Bathrobe & Slippers
- Complimentary 500mb fibre optic uncontested Wi-Fi

Executive grade rooms and above include premium sports channels and rooms with a view while deluxe bedrooms and suites also include amenities such as air-conditioning and premium décor & furniture.



Bedroom Dimensions

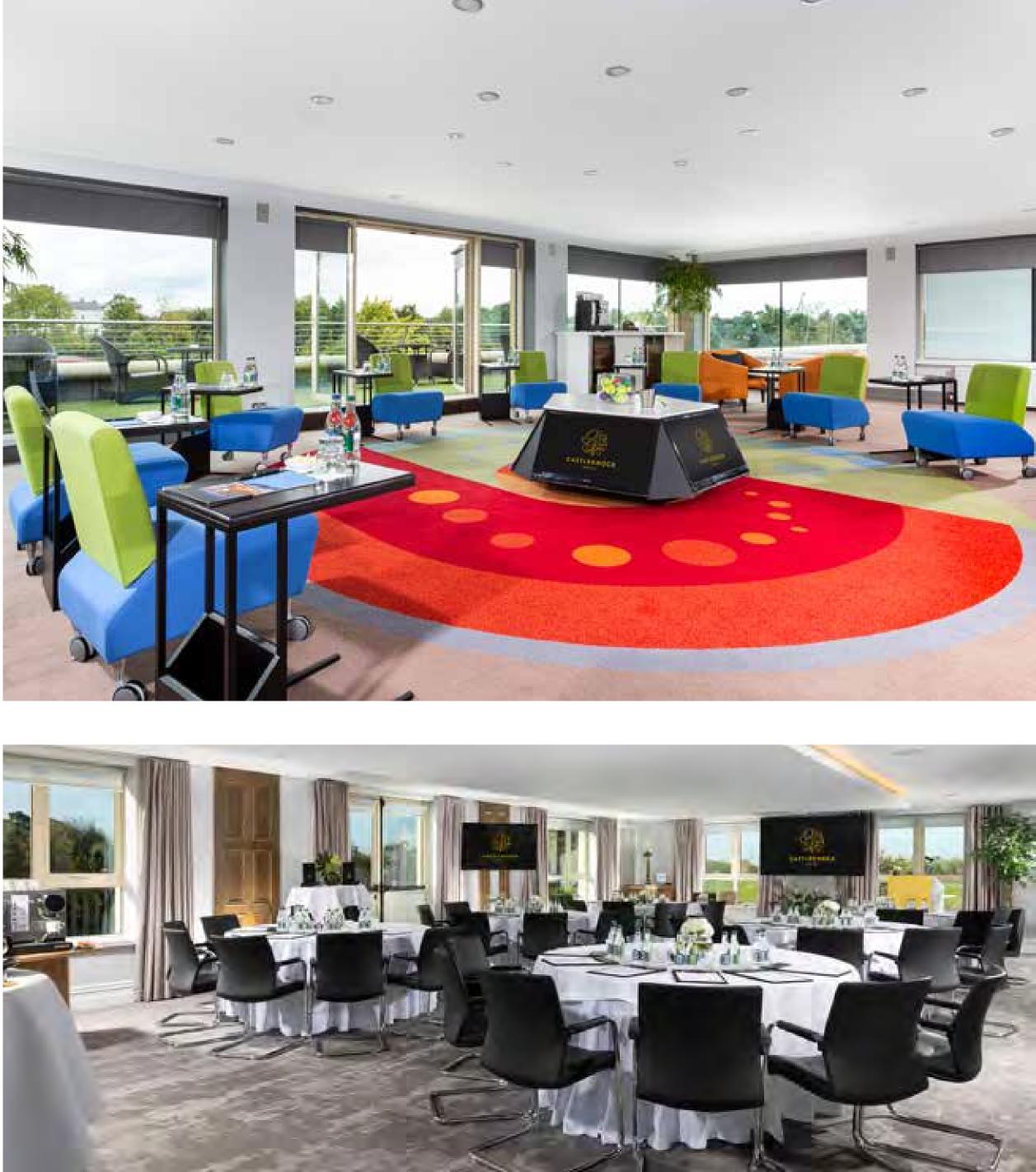
- Standard 19.7 m^2
- Superior 19.7 m²
- Executive 19.7 m²
- Deluxe 19.7 m²
- Triple 19.7 m²
- Standard Family 19.7 m²
- Compact Single 13.4 m²
- Deluxe Family for 5 33.8 m²
- Deluxe Family for 4 26.0 m²
- Luxury Suite 43.8 m²
- Deluxe Junior Suite 27.4 m²





Team Room Options

We offer two dedicated areas on the ground floor the Tower Wing and the Phoenix Suite both ideal for team camps and available for private reservation. Alternatively, the Thinking Factory and Castleknock Suite on the first floor provide excellent options for meetings or briefings. For team dining, our Earth & Vine patio area on the ground floor offers a relaxed and private setting.





Team Room Options The Tower Wing

The Tower Wing is the ideal base for your team stay, offering a bright, spacious setting with a dedicated layout tailored to sports teams. This selfcontained area includes four versatile rooms: a private dining space, a team relaxation area, a meeting room, and an office or equipment storage room.

- The Tower Wing features its own private entrance and direct lift access to the bedroom floors, ensuring privacy and convenience.
- The Tower Suite benefits from abundant natural daylight and can accommodate up to 60 guests perfect for private dining or team briefings.
- The adjacent College Suite serves well as a team relaxation lounge or physio space.
- The Castle Suite is ideally suited for team meetings or strategy sessions.
- The Lucan Suite functions perfectly as a team office or secure equipment storage room.

This thoughtfully designed wing offers everything a team needs for a <u>com</u>fortable and efficient stay.







Team Room Options The Phoenix Suite

The Phoenix Suite is the largest conference space at Castleknock Hotel and a popular choice among international teams. This versatile, multipurpose venue offers a wide range of layout and configuration options to suit your team's needs.

The suite comprises three interconnected rooms, the Sierra Suite, Hawthorn 1 & 2, and the Walnut Suite which can be used separately or combined to create one or two larger spaces. This flexibility allows for an open-plan setup for team dining, relaxation, and meetings, or for each area to be sectioned off for added privacy.

The Phoenix Suite also features access to a heated outdoor terrace, providing an additional space for informal gatherings or downtime.

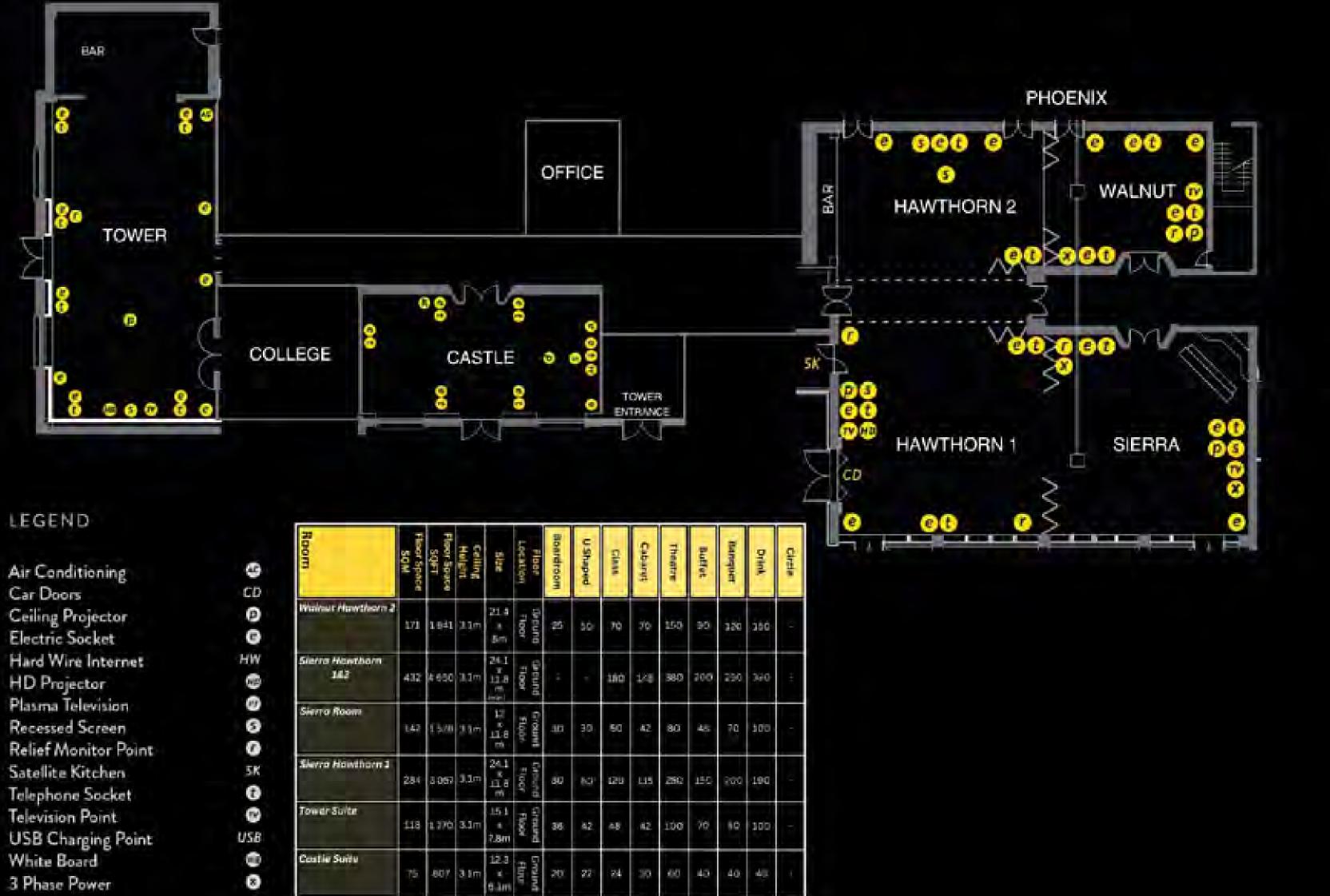






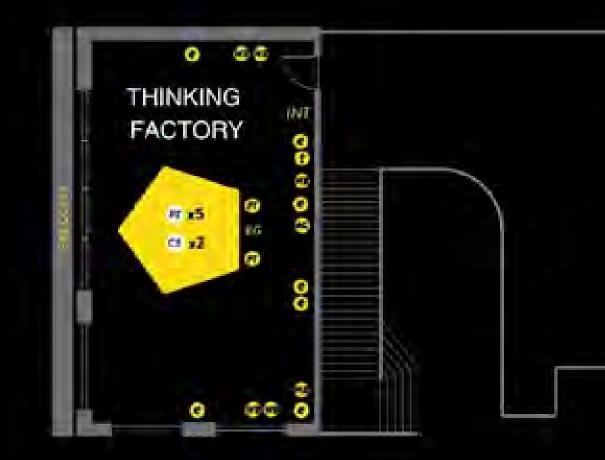


Ground Floor Plans



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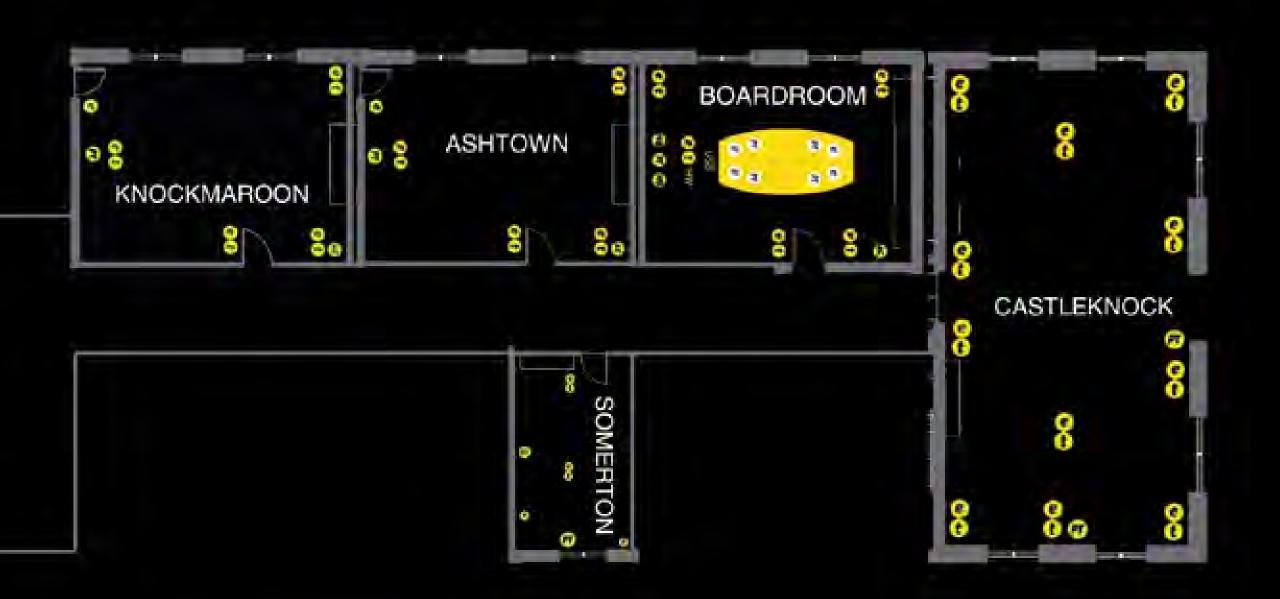
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USB 🔁 😂 🕄

LEGEND

Air Conditioning
Car Doors
Ceiling Projector
Electric Socket
Hard Wire Internet
HD Projector
Plasma Television
Relief Monitor Point
Satellite Kitchen
Telephone Socket
Television Point
USB Charging Point
White Board
3 Phase Power
Black Board

Room	Floor Space SQM	Floor Space SQFT	Calling	Size	Floor	Boardroom	U Shaped	Class	Cabaret	Thestre	Buffet	Banquet	Drink	Circle
Costleknock Suite	120	1 292	2.35 75	15.2 x 7.9m	First	36	35	50	42	100	50	-		
Boardroom	47	506	2.35 m	7.9 X 6m	First	12		-		ιc.		ų.		œ
Ashtown & Knockmaroon Suites	48	517	2.35 11	3 * 6m	First. Floor	18	15	72	Ż4	35				1.0
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Thinking Factory	88	947	2.35 ,m	12 X 7.3m	First Floor							1		25



Leisure Facilities

Gym

Fully equipped strength & conditioning gym Our high performance gym at Tonic Health Club offers top facilities and equipment

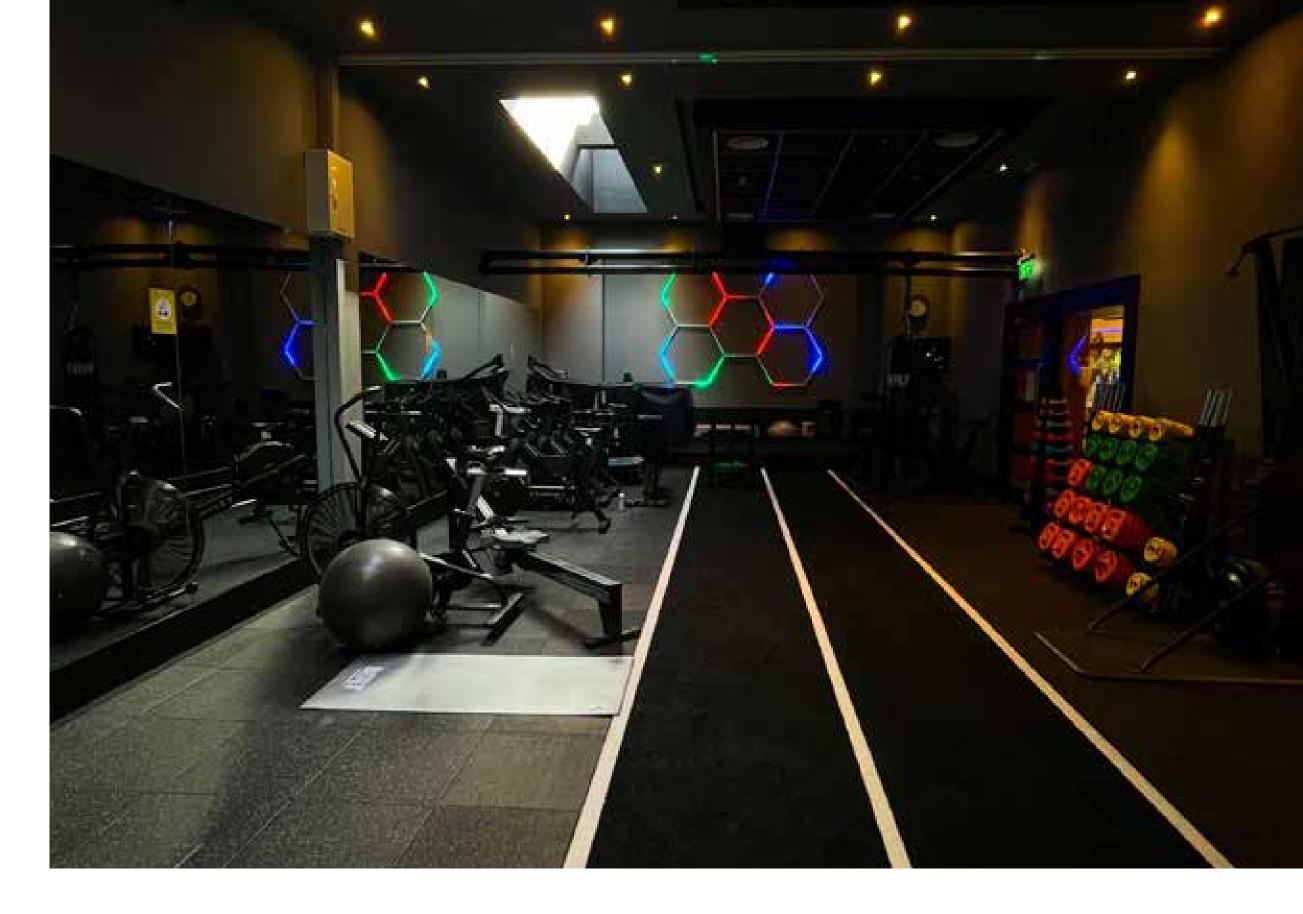
Pool

Our leisure centre also contains the latest state-of-the-art fitness equipment along with a 18 meter pool, sauna, steam room and Avanti pool ice bath.

Pool: Temperature - 30°C

- Depth: 1.4 meters
- Length: 18 meters
- Includes toddler and kids sections with shallow water
- Feature pool showers

Jacuzzi: Temperature - 37°C **Sauna:** Temperature - 88°C **Steam Room:** Temperature - 45°C **Ice bath:** Temperature - 4°C **Ice Bucket:** Temperature - 8°C Swimsuit Drier







Leisure Facilities

Gym Strength Equipment

Machines:

- Chest Press
- Lat Pulldown
- Shoulder Press
- Seated Hamstring Curl
- Leg Extension
- Leg Press
- Ab Crunch
- Chest Supported Plate Loaded Row
- Cable Crossover
- Benches

Free Weights:

- Dumbbells (2.5kg up to 40kg)
- Olympic Barbells (x2)
- Trap Bar/Hex Bar (x2)
- Safety Squat Bar
- EZ Curl Bar
- Bumper Plates (200kg)
- Commercial Plates (200kg)
- Half Rack (x2)

Weight Equipment

- Dumbbell Tower (1-10kg)
- Medicine Balls (4 to 16kg)
- Slam Balls (8kg, 18kg)
- Kettlebells (8, 12, 14, 16, 18, 20kg)
- Straight Bars (10,15,20,30Kg)
- TRX Straps
- Battle Ropes
- Benches

Fully Equipment Studio

Cardio Equipment

- 12 Spin Bikes
- Concept 2 Bike
- Concept Row
- Concept Ski
- Assault Treadmill
- Assault Bike
- Cross-Trainer
- Plyometric Boxes
- Boxing Bag
- 12 Steps
- Yoga Balls

Extras

- Fully Revamped shower doors and changing room lockers.
- Men's and Ladies changing room, toilets and showers.
- Complimentary Towels, soap, conditioner and shampoo, wet kit bags.
- Disability changing area facility available.
- Water fountain in gym and on the pool deck.
- Pool Noodles, boards aqua dumbbells are provided in the pool.



Team Training Facilities

The National Sports Campus is conveniently located only 4km from the hotel. They have a variety of options for you to choose from to include Multi Sport pitches, Indoor covered pitches and Turf pitches.

The Sport Ireland Campus' elite Facilities are available for your team or club to book for training sessions, training camps, pre-season prep, team building or for hosting matches. You can book a pitch, meeting room, private gym and, a recovery session for the ultimate team preparation. They also offer sport-specific fitness testing tailored to your club's needs. Whether for pre-season preparation, performance tracking, or team-building days, they deliver customised solutions to help you achieve your goals.

Contact details: Snugborough Rd, Snugborough, Dublin, D15 EPN4 Phone: (01) 646 4300

Training Facilities

Multi Sport Pitches

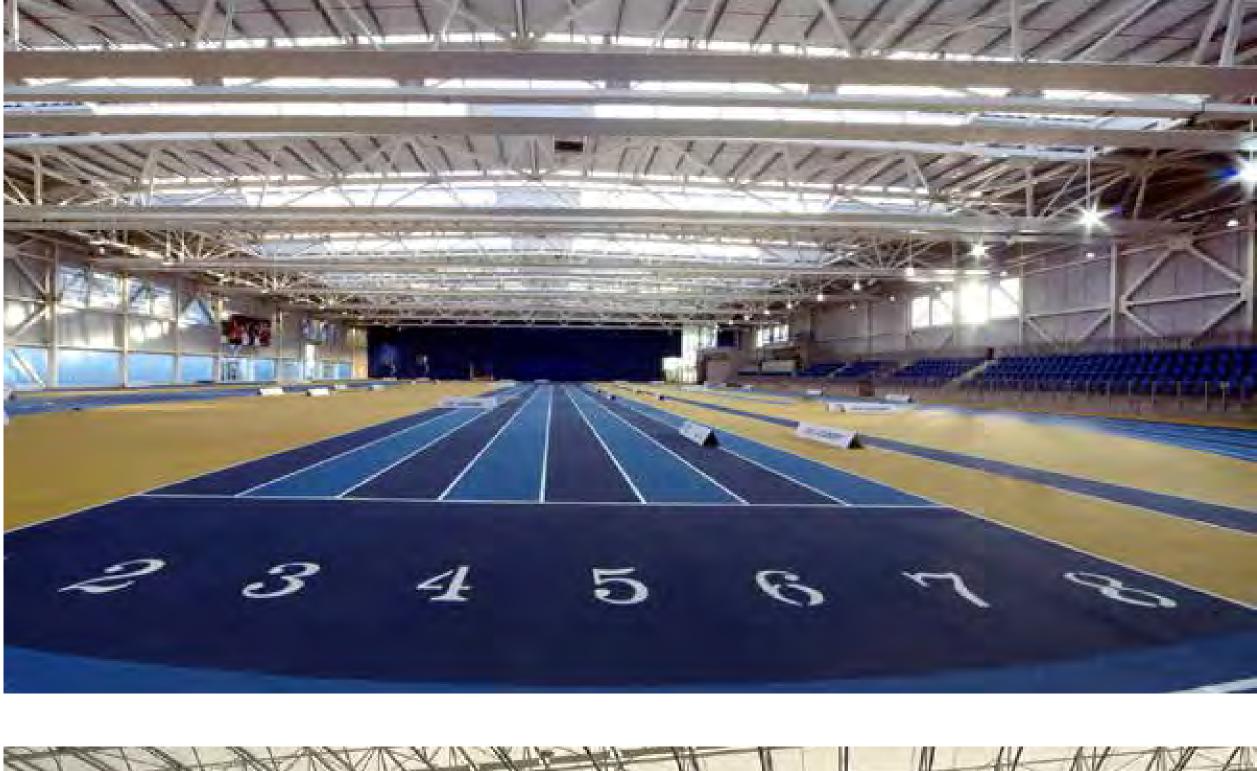
A state-of-the-art Centre of All-Weather Synthetic Pitches catering for Soccer, Gaelic Games, Rugby, and Hockey is open to the public.

National Indoor Covered Pitches

This covered facility will allow your team to train all year round, regardless of weather conditions, in a consistent world class environment.

Turf Pitches

The Sport Ireland Campus Turf Pitches is a multi-sport, multi-use enclosed space. The pitch areas can be set up for a full sized Croke Park GAA pitch dimensions, 2 x Aviva size Soccer pitches, 1 x Aviva Size Rugby Pitch, and adjusted for all field sports within the overall area. The pitches can be relined and remarked for a wide range of bespoke field sports. The private facility is ideal for a pre-season training camp, a mid-season training camp or for hosting matches.





Testimonials

We have been using Castleknock Hotel for many years and keep coming back. The hotel is ideal for our needs, providing the high-quality facilities, excellent dining and privacy we require. More-so, it is that staff who really make the hotel what it is. Always available and helpful. Their friendliness and professionalism make staying at Castleknock Hotel a pleasure.

Barry

FAI

66 Having placed several professional football teams at Castleknock Hotel, I am pleased to say that each one was handled expertly by the hotel management and staff. From the planning of bedrooms, meals and meetings to eventually greeting the team arrivals and ensuring that their requirements were met throughout, the hotel did an amazing job. The layout of the hotel works really well and bedrooms are tasteful and pleasant in design. The hotel setting is in a peaceful location and has great access between the airport and stadium venues as well as being very close to Sport Ireland Campus which offers training pitches for hire. I would definitely consider Castleknock Hotel for any sports team playing or training in Dublin. ??

James

Interopa (Destination Management Company specialising in Sports Teams)

Testimonials

Go During our time working with the Fiji Rugby team, Castleknock Hotel provided an exceptional base. The team facilities are of a phenomenally high standard, with access to recovery areas, a pool, and a fully equipped gym. The dedicated private area for teams was ideal—complete with breakout rooms that allowed our coaches and management to work efficiently with smaller groups. The proximity to the lobby gave us easy access to the coffee dock and the chance to interact casually with the public when needed. Athlete nutrition was well supported with a fantastic range of food options tailored for performance and recovery.

Rooms were spacious, comfortable, and offered great privacy. The location was also perfect, with nearby sports grounds and Blanchardstown Shopping Centre just a short distance away.

A great all-round setup for any professional sports team. 🤧

Conor IRFU

66 Hockey Ireland Senior Men have discovered Castleknock Hotel to be an exceptional partner. The hotel provides an environment conducive to highperforming teams through its meticulous planning and attention to detail. Their collaborative approach with the team manager ensures that all team requirements are met, including nutrition, recovery facilities with pool and gym access, and meeting rooms. We would highly recommend Castleknock Hotel as an ideal base for high-performing teams. ??

Mark

Hockey Ireland

Testimonials

You go through several Rugby destinations in the World to play for 80 minutes and some of the best 66 experiences when you look back at all the destinations you go to are held very close to our hearts ,lt might not be just because of the places you visit or the food you eat , for me the most memorable ones deal with the connection that we make with people we cross paths with in our travels ... The Castleknock experience in Dublin is right up there with the best in the World in terms of the connection they made with us as Team. The Staff and the service provided to us in a Cold Dublin Week has nothing short than a home experience on the road and far away from home. The warmth and the care shown to us in our Weeklong stay is unforgettable!!! I would recommend Castleknock to any touring team in Dublin as an institution that not only understands High Performance but one that would provide that homely touch to your stay. >>

Bill

FIGI Rugby Team







For further details please contact our events department Call +353 (01) 640 6300 events@castleknockhotel.ie www.castleknockhotel.com