



Child Admission Policy:

- Children are only permitted to use the facility **Monday to Sunday (10am-6pm)**.
- Bank Holidays and certain holiday periods (9am-7pm).
- The lifeguard hours are Monday – Sunday (10am –6pm).
- Children **under 16** are prohibited from using the gym.
- 16 & 17 year olds are prohibited from using the gym and pool area after 7pm and will be asked for proof of age.
- Appropriate clothing & footwear must be worn at all times.
- Children are required to wear a hat in the swimming pool & in the interest of hygiene a pre-swim shower is essential.
- Children **under the age of 16** must be accompanied by an adult while using the pool.
- Children from 8 years are not permitted use changing rooms of the opposite sex.
- **Armbands** – Please make sure that all children that are non-swimmers are wearing armbands while in the main swimming pool as the pool depth is 1.4 metres.

Swimming Lessons Admission Procedures

- Children will only be admitted to swimming lessons subject to parental or guardianship signed approval.
- The parent or guardian of a child attending swim lessons must inform our staff of any illness, special requirements or medical needs that may apply to each child.
- A parent or guardian must provide supervision for any child attending swim lessons until such time that our trained staff members assume responsibility.
- Swim Lessons are on a Monday & Tuesday from 3.30pm-6.00pm

Regards,

Alex Bradean & Jack Peters – Health Club Managers