

Tonic Health Club

The Castleknock Hotel Child Safeguarding Statement

Statement Review: 2025

Next Review: 2026

The aim of this statement is to maintain a high standard of safety for all children on site, at all times, to ensure all employee's understand the correct procedures on reporting child protection concerns, how we promote working safely with children, recruiting and managing staff that meet the correct criteria, Child safeguarding awareness and training, Involving parents and children, Implementing and reviewing the safeguarding strategies. One of the main objectives of the Children First Act 2015 is to ensure that our organisation keeps children safe from harm while availing of our services. The legislation and this Guidance relate to the obligations of relevant services to prevent, as far as practicable, deliberate harm or abuse to the children availing of our services. While it is not possible to remove all risk, our organisation have in place policies and procedures to manage and reduce risk to the greatest possible extent.

Procedures

Our Child Safeguarding Statement has been developed in line with requirements under the Children First Act 2015, *Children First: National Guidance for the Protection and Welfare of Children* (2017), and Tusla's *Child Safeguarding: A Guide for Policy, Procedure and Practice*. In addition to the procedures listed in our risk assessment, the following procedures support our intention to safeguard children while they are availing of our service:

- Procedure for the management of allegations of abuse or misconduct against workers/volunteers of a child availing of our service
- Procedure for the safe recruitment and selection of workers and volunteers to work with children
- Procedure for provision of and access to child safeguarding training and information, including the identification of the occurrence of harm
- Procedure for the reporting of child protection or welfare concerns to Tusla
- Procedure for maintaining a list of the persons (if any) in the relevant service who are mandated persons
- Procedure for appointing a relevant person.

All procedures listed are available upon request.

Implementation

We recognise that implementation is an on-going process. Our service is committed to the implementation of this Child Safeguarding Statement and the procedures that support our intention to keep children safe from harm while availing of our service. This Child Safeguarding Statement will be reviewed on 19/07/2020, or as soon as practicable after there has been a material change in any matter to which the statement refers.

Signed: _____ Alex Bradean (Mandated Person)

Signed: _____ Alex Bradean (Designated Liaison Person)

Alex Bradean

Tonic Health Club
Castleknock Hotel
Porterstown Road
Dublin 15

For queries, please contact Alex Bradean , Relevant Person under the Children First Act 2015.

Child Safe Guarding Risk Assessment

We have carried out an assessment of any potential for harm to a child while availing of our services in Tonic Health Club. Below is a list of the areas of risk identified and the list of procedures for managing these risks.

	Activity:		Level:	Procedure in place to manage identified risk:
1	Public & Group Swim Lessons	Allegations of abuse against employee's, harm caused by another child	Low	Correct ratios of staff <ul style="list-style-type: none"> • 1 staff member per 6 children (2 staff -12 children per lesson) • One lifeguard on duty to monitor lessons and also other pool users during lessons. • Lifeguards and swim instructors to adhere to code of conduct as per "Children First Act 2015"
2	One to one swim lessons	Allegations of abuse against employee's	Low	<ul style="list-style-type: none"> • One lifeguard on duty to monitor lessons and also other pool users during lessons. • Lifeguards and swim instructors to adhere to guidelines set out as per "Children First Act 2015"
3	Changing Facilities	Allegations of abuse against employee's, members and hotel guests	Medium	<ul style="list-style-type: none"> • Parents are advised to monitor their children at all times whilst on the premises. • Staff changing room checks to be carried out hourly • Children under 8 entering opposite sex changing facilities must be accompanied by an adult.
4	Swimming Pool	Allegations of abuse against employee's and other adults, drowning and injuries	Low	<ul style="list-style-type: none"> • Lifeguard to monitor the pool during the hours of 10-6pm • Children entry times are exclusive to lifeguard hours • All aspects of view must be covered by lifeguard (walk around pool). • Children must adhere to health and safety signs and instructions of lifeguard. • Children under 8 must be accompanied in the pool on a one to one basis by an adult • Bather load to be monitored every 15 minutes and sign off to be completed • Use of two way radio transceiver's where necessary to control bather load between reception and pool. • 16 years and over for use of steam room, sauna and Jacuzzi

5	Gym	Using resistance equipment and weights, allegations of abuse by employee's or other adults	High	<ul style="list-style-type: none"> • 16 years or over to use gym facility • Only the use of cardiovascular equipment (16-18years) • Gym Monitoring every 15 minutes and sign off to be completed • Individual assessments and programmes designed for 16-18years
6	Training of Health Club personnel in Child Protection matters	Harm not recognised or reported promptly	Low	<ul style="list-style-type: none"> • Tonic Health Clubs Child Safeguarding Statement, Safeguarding Risk Skills procedures are made available to all staff. • Staff members will acknowledge receipt of Child Safeguarding Statement • Staff members will acknowledge, in writing, that they are aware of their responsibility to be familiar with and implement consistently, the contents of Tonic Health Club's Child Safeguarding Statement • All staff members will view Túsla training module & any other online training