



BAR+RESTAURANT

# Vegan & Vegetarian Menu

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Bar 22 Restaurant Menu served from 12.00pm Daily

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## Starters

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### **Soup (Vegetarian)**

With Soda Bread and Butter - Please ask your server for today's option

Allergens 6 (Wheat),7,9,12

€10.00

### **Cauliflower Wings (Vegetarian)**

In Hot Sauce Glaze or Korean BBQ Glaze, Sesame Seeds, Celery & Blue Cheese Dip

Allergens 6 (Wheat),7,9,10,11,12,13

€13.50

### **Classic Bruschetta**

Pulled Burrata Cheese, Olive Tapenade on Sourdough, Balsamic Vinegar, Tomatoes & Garlic oil

Allergens 6 Wheat,7,9

€14.50

### **Quinoa & Grilled Halloumi Salad**

Roasted Red Pepper & Beets, Cucumber and Red Onion, Mandarin Orange, Baby Spinach & Citrus Dressing

Allergens 7,9,13

€16.00

### **Falafel Taco (Vegetarian)**

Corn Tortillas, Falafel in Chipotle Sauce, Roasted Onion Mayonnaise, Lime,

Coriander & Cherry Tomatoes, Cumin Seed & Orange Dressing

(Vegan Version Available Using Vegan Mayonnaise)

Allergens 3,6 (Wheat),7,9, 11, 12

€15.75

### **Caesar Salad (Vegetarian)**

Baby Gem Leaves, Shredded Padano Cheese, Smoked Bacon Strips, Herb

Croutons & Caesar Dressing

Allergens ,6 (Wheat),7,8,9,11,12,13

€13.50

### **Caesar Salad (Vegan)**

Baby Gem Leaves, Shredded Vegan Style Cheese, Soy Bacon Strips, Herb

Croutons & Vegan Caesar Dressing

Allergens 6 (Wheat),8,9,12,13

€13.50

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## Mains

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<b>Pasta Peppronata (Vegetarian)</b>	<b>€23.00</b>
Sourdough, Garlic roasted Peppers and Onions with Saffron, Parmesan Cheese, Olive oil Allergens 1,3,6 (Wheat),7,9,12	
<b>Lentil &amp; Roast Vegetable Korma</b>	<b>€24.00</b>
Basmati- Cumin Rice, Fried Poppadum, Coriander & Crispy Onion (Vegan) (GF) Allergens 6 wheat, 8,12	
<b>Plant Based Burger</b>	<b>€23.00</b>
Garlic Aioli, Leaves, Tomato, Onion, Vegan Bun & Warmed Cheese Slices, Fries (Vegan Cheese & Burger Bun Available on Request) Allergens 6 (Wheat),7,9,12	

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## Side Orders

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€7.50

Rocket & Parmesan Salad 7,9	Onion Rings 6 (Wheat),7,9,11
Creamed Mash 7,9	
Roast Vegetables 7,12	
Garlic Ciabatta 6 (Wheat),7,9	All extra Sauces & Dips <b>€1.10</b>
Feta & Beetroot Salad 7,9,13	Garlic Dip, Blue Cheese Dip, Garlic Butter
Truffle Parmesan Fries 6 (Wheat),7,9,11,13 <b>€8.50</b>	

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## Dessert

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<b>Chocolate &amp; Coconut Mousse</b>	<b>€11.00</b>
Vegan & Gluten Free Allergens 5 nuts	
<b>Warm Vegan Apple Pie</b>	<b>€11.00</b>
Allergens 6, Wheat,9	
<b>Chocolate &amp; Orange Pudding</b>	<b>€11.00</b>
Berry Compote, Raspberry Purée Allergens 6 Wheat 9	

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### KEY TO ALLERGENS

1. Shellfish 2. Molluscs 3. Fish 4. Peanuts 5. Nuts  
6. Gluten 7. Milk 8. Soya 9. Sulphur Dioxide 10. Sesame Seeds 11. Eggs 12. Celery  
13. Mustard 14. Lupin